

Soft Drinks

Mi Juice for Children

Orange or Blackcurrant

£0.75

Pepsi

Diet Pepsi

7up

£1.45

Club - Orange

Club - Apple

7up H2OH! - Apple

7up H2OH! - Lemon and lime

Ballygowan Water - Still

Ballygowan Water - Sparkling

Club Juice pure orange

£1.50

Britvic 55 apple

Britvic 55 orange

J20 orange and passion fruit

£1.60

J20 apple and mango

J20 apple and melon

Fruit Smoothies - freshly made daily

£2.50

Good Morning

8:45 - 11.45am

Selection of Freshly Baked Scones

Jam

Fresh Cream

£1.40

£0.15

Fresh Belfast Bap

Filled with three slices of back bacon

£0.15

£2.75

Two Grilled Pancakes

Topped with bacon and maple syrup

£2.90

Toasted Filled Bagel

Served with back bacon, Philadelphia cheese and sun-blushed tomatoes

£3.50

Scrambled Eggs & Bacon

Two eggs & two slices of bacon on freshly baked white or granary toast

£4.25

Muesli

£1.50

Children's Anytime Menu

Plain Baked Potato & Butter

£2.95

One Round of Toast & Beans

£2.50

One Round of Toast & Back Bacon

£2.50

Hot Dog

£2.50

'Petite' Sandwich

Ham, Cheese, or Chicken,

With a side order of fresh fruit

£2.25

Mi Juice Orange or Blackcurrant

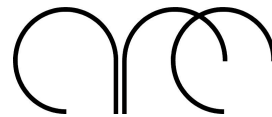
£0.75

Bambicino - Baby hot chocolate

£0.60

Glass of Milk

£1.00



<u>Lunch</u>	£	<u>Hot Beverages</u>	£
Soup of the day With fresh wheaten bread	£3.50	Pot of fair trade tea	£1.30
		Twinnings Herbal tea -	£1.50
		Earl Grey, Peppermint, Lemon and Ginger, Pure Camomile, Orange, Mango and Cinnamon, Cranberry, Raspberry and Elderflower	
Filled Baked Potatoes	£4.95	Revolution tea -	£1.50
<ul style="list-style-type: none">• Bacon, Cheese and Onion• Chicken Stuffing and Cranberry• Tuna, Mayo and Sweetcorn• Beans and Cheese• Cheese and Coleslaw		Earl Grey Lavender, Honeyblush Caramel, Golden Flowers Herbal, Tropical Green, Southern Mint Herbal, Bombai Chai, Sweet Ginger Peach, Dragon Eye Oolong	
Served with a Side Salad	£4.95	Decaff Tea	£1.30
Panini - Long Griddled Rolls		We use Semi Skimmed Milk Soya Milk is Also Available	
<ul style="list-style-type: none">• Chicken, Stuffing and Cranberry• Chicken, Sweet Chilli and Mayo• Roast Beef, Caramelized Onion and Cheese• Italian Ham, Cheese and Sunblush Tomato• Bacon, Cheese and Onion		<u>Segafredo Coffee</u>	
Served with a Side Salad	£4.50	Espresso - Tiny but Rich and Intense	£1.10
		Americano Coffee	£1.50
		Large Americano Coffee	£1.70
		Cappucino - Double shot of espresso,	£1.80
		steamed frothy milk, topped with chocolate	
Chunky Sandwich - White or granary NB - our bread is Dairy & Fat Free		Caffé Latte - Steamed milk with one	£1.80
<ul style="list-style-type: none">• Ham Salad and Beetroot• Chicken, Stuffing and Cranberry• Roast Beef and Caramelized Onion• Chicken, Sweet Chilli and mayo• Brie, Cranberry and Leaves		shot of espresso topped with foam	
Served with a Side Salad		Caffé Mocha - One shot of espresso, a	£2.00
		shot of vanilla syrup, frothy milk and chocolate	
		Extra shot of coffee	£0.40
		Shot of flavoured syrup	£0.20
		Steamer - Hot frothy milk flavoured	£1.80
		with caramel, vanilla, hazelnut, cinnamon or gingerbread syrup	
		Hot chocolate	£1.80
		Luxury Hot Chocolate -topped with	£2.20
		fresh cream, marshmallows and a Cadbury flake	
		Bambicino - Baby hot chocolate	£0.60
		Glass of Milk	£1.00
Today's Special Main Courses (inside front of menu)			

